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Kombucha is traditional fermentation of sweetened black tea, involving a symbiosis of yeast species and acetic acid bacteria. Potential health effects have created an increased interest in Kombucha. In this paper, we report on studies that shed more light on the properties of some constituents of Kombucha. Such information may be provided a better understanding of complex mechanisms of Kombucha and be produced the new studies about the effects of Kombucha on health.

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Geographic Location: Turkey

Organism descriptor(s): Bacteria, plants

Descriptor(s): chemical properties, fermented foods, medicinal plants, medicinal properties, nutritive value, yeasts

Identifier: bacterium, black tea, drug plants, fungus, kombucha, medicinal herbs, nutritional value, officinal plants, quality for nutrition

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